

Alberta Society for the Promotion of Sexual Health **Annual Report**

For the Fiscal Year - February 1, 2019 - January 31, 2020

April 28, 2020



Introduction

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April 28, 2020 - Annual General Meeting - Agenda

Tuesday, April 28, 2020, 5:00 pm (Virtual Meeting) - Call to Order:

1.0 Approval of Agenda

2.0 Approval of Minutes from May 1, 2019 AGM

3.0 Reports - Chair/President's Report

3.1 Treasurer's Report - Financial Statements Attached

3.2 Education Coordinator's Report

3.3 Report of the Nomination Committee

4.0 Board Elected for continuing 3 year term:

Emily Dawson - Edmonton, AB

Emily Diaczun - Calgary, AB

Dr. Genevieve Godin - Desert Blume, AB,

Teresa Lambert - Edmonton, AB

Dr. Margaret Newbury Jones - Kelowna, B.C.

Jenise Finlay - Calgary, AB

Re-election (one year term):

Dr. Shaniff Esmail - Edmonton, AB,

Edward Sandberg - Vancouver, B.C.

Heather Cobb - Calgary, AB,

Tracey Burnett - Camrose, AB

Jenny Rand - Wolfville, N.S.,

Tammy Troute-Wood - Calgary, AB

Election of Board Members

5.0 New Business

6.0 Adjournment

May 1, 2019 - Annual General Meeting - Minutes

Present: Heather Cobb, Melanie Anderson, Shaniff Esmail, Jenny Rand, Tracey Burnett, Tammy Troute-Wood, Jenise Finlay, Edward Sandberg, Genevieve Godin, Emily Dawson, Emily Diaczun

Regrets: Margaret Newbury-Jones, Teresa Lambert

Heather called the meeting to order 4:35pm

Items:

- 1.0 Approval of Agenda Approval of agenda moved by Tammy, Seconded by Shaniff, all in favour
- 2.0 Approval of minutes from 2018 AGM May 4, 2018 Approval of minutes moved by Tammy, seconded by Shaniff.
- 3.0 Reports
 - 3.1 Chair/President's Report: See full report in Annual Report to Membership. A special thank you to all members of ASPSH. Successes that should be celebrated: Our board members, we are a board that is filled with members that have busy lives but yet all are there to carve out time to help promote the sexual health of individuals with the work that we do. Thanks to University of Alberta for a partnership that continues to prosper, successful summer workshops, Compass partnership, conference planning, and the Marty Klein Workshop. Challenges we face: Funding continues to be a challenge that we face, but there is hope for growth in this next year.
 - 3.2 Treasurer's Report: Please see accompanying documents in Annual Report to Membership. These were approved prior to the AGM. Emily Dawson is settling into her role as Treasurer, thank you. We are in good standing with Canada Revenue Agency.
 - 3.3 Education Coordinator's Report: See full report in Annual Report to Membership. We have had some new presenters and workshops over the year, these were very successful with an average attendance of 11 individuals per workshop. The summer schedule has 3 workshops so far. Melanie is still looking for a presenter to put together a workshop on Indigenous Sexual health. There is always interest but no presenter has come forward.
- 4.0 Report of the nominations committee.

- Heather thanked Raelene and Vycki for their time and dedication to the ASPSH Board of Directors. The contributions of both individuals have been valuable to ASPSH. We wish you all the best in the future and hope to see you at ASPSH events.

4.1 Nominations to the Board: The report from the Nominations Committee was also presented. Emily Dawson, Eve Godin, and Emily Diaczun have agreed to let their names stand to the Board of Directors. Their bios are included in the annual report. Heather made a motion to nominate all three individuals to three year terms to the board of directors of ASPSH. Shaniff seconded the motion and all members were in favour. This motion was passed, welcome to the board!!

- Current Board Members:

Continuing

Jenise Finlay – Calgary, AB – Starting year 3

Teresa Lambert – Edmonton, AB – Starting year 2

Dr. Margaret Newbury-Jones, Kelowna, BC – Starting year 2

Re-election (one year term)

Dr. Shaniff Esmail – Edmonton, AB

Heather Cobb – Calgary, AB

Edward Sandberg – Vancouver, BC

Jenny Rand – Wolfville, N.S.

Tracey Burnett – Camrose, AB

Tammy Troute-Wood – Calgary, AB

Election to First term (three years)

Emily Dawson – Edmonton, AB

Dr. Genevieve Godin – Desert Blume, AB

Emily Diaczun – Calgary, AB

5.0 New Business

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- ASPSH will hold a spring planning meeting on May 11, 2019. Members will be able to attend in person in Calgary and Edmonton or dial in via teleconference. Heather will send out an agenda in the coming days. Discussion will cover the 2020 conference and other events ASPSH has planned.
 - Marty Klein Workshop. This event will be held in Calgary September 2019. We will need the support of all board members to get the word out. The cost of the event will be covered by Casino funds and therefore admission will not be charged, it will be a free event. Pre-registration will be required and done thru ASPSH. We will be promoting the sale of ASPSH memberships. It will also be the launch pad for our 2020 conference. We will look to provide livestream coverage as well.

Meeting Adjourned at 5:25 pm.

Report from President - Heather Cobb

I always start my ASPSH Annual reports with a thank you to our dedicated Board of Directors who volunteer their time, enthusiasm and skill to our Society. As we are all learning what our new reality looks like, my thank you holds special significance. Whether you are part of our Board or an ASPSH member, thank you for all you and your colleagues do. ASPSH is comprised of helpers working in health, education, social care and community service and all of our efforts make a difference to where we live and work.

In September 2019, we welcomed internationally renowned sexuality expert Dr. Marty Klein to Calgary for two face-to-face workshops discussing the topic of pornography. Over 100 people joined us to learn how to enhance porn literacy and work with clients when porn is an issue. This was a free event paid for with AGLC Casino funds and gave us the opportunity to meet new people, some of whom became ASPSH members. Feedback was excellent and highlighted the need to host community based sessions beyond our online presence and biennial conference offerings.

The online workshops continue to attract new participants and highlight a variety of new engaging topics and workshop staples. Once again we offered summer workshops to utilize the down time that some people may have outside of traditional work calendars. Operationally we started to use a new learning platform which has proven successful. Thank you to Melanie Anderson, our ASPSH Education Coordinator, for the hard work and enthusiasm to promote our work through building strong relationships with our facilitators and workshop participants.

This year, 2020, looks very different for ASPSH than we had planned. Our 14th biennial conference has been postponed in response to public health measures and we wait to see if the new dates in November will enable us to connect with our colleagues from across Canada. In the meantime, we have moved forward by hosting an online webinar with our Keynote Speaker to be held early May. Like many other organizations we are adapting and aiming to keep our members updated and informed.

I hope that everyone can stay engaged, positive about sexual health and wellness and above all healthy.



Heather Cobb, President
Alberta Society for the Promotion of Sexual Health

Report from Education Coordinator - Melanie Anderson

ASPSH's online workshops have been a major contributor to our education program since 2005. ASPSH has offered over 250 online workshops and almost 3000 professionals, parents and students have benefited from the sharing of expertise and fact-based information from a diverse group of workshop facilitators. The topics offered are as diverse as the presenters and this year we offered 20 online workshops with 198 participants from all parts of Canada.

The workshops offered during the 2019-20 calendar included:

- Recognizing and Responding to Sexual Violence in Canada (Repeated) - Zak Dattadeen & Saba Kidane, Sexual Assault Centre of Edmonton
- Effective Community Collaboration - Brittany Neron, Darrah Teitel and Makeda Zoon, Action Canada, Ottawa
- Trans: What Does It All Mean - Katie Cutting, Edmonton
- Teaching About Human Sexuality (Repeated) - Christine Sturgeon, AHS, Calgary Zone
- Sexuality and Mental Health: Body Image (Repeated) - Colleen Larsen, Calgary
- Anti-Choice Movement in Canada Today (Repeated) - Kathy Dawson, Edmonton & Joyce Arthur Vancouver, Abortion Rights Coalition of Canada
- Sex Addiction 101 and It's Not About the Sex - Bill Schuilenberg, Kelowna
- Advocacy - Heather Cobb & Tammy Troute Wood, AHS, Calgary, Celia Posyniak, Kensington Clinic, Calgary & Marni Panas, Edmonton
- Sexuality and Disability 101 - Margaret Newbury Jones, Kelowna
- Counselling Skills and Sexual Health - Lucy Snider, Kelowna
- Sex Positivity Begins at Home - Angel Sumka, Edmonton
- Sexual Health History Taking, Contraception and STI Basics - Tammy Troute Wood, AHS, Calgary
- Creating Change Collaboratively: Conceiving Consent - Alyssa Hartwell, Calgary
- Indigenous Gender and Sexuality - Gabriel Castilloux, Edmonton

- An Intersectional Look at Sexuality: Mental Health, Race and How it Relates to Uterine Fibroids - Brenda Ngure, Toronto
- A Startling Fact About Dying: Sexuality Matters - Jodi Swan, PEI

In September we moved to a new online workshop platform, Thinkific, a software company based in Vancouver. This has been a positive move for us as this platform is much easier to navigate and we have had limited issues for facilitators and participants.

The Conference Committee was very busy for the past year preparing for our 14th Biennial Western Canadian Conference on Sexual Health. Registrations had opened for the conference and the SAR (Sexual Attitude Reassessment), sponsorships had been secured and then the CoVid-19 pandemic was declared. The Board immediately made the decision to postpone the conference until November but whether we have to postpone it again remains to be seen.

ASPSH also hosted a face-to-face workshop in September with internationally renowned Sexual Health expert, Dr. Marty Klein addressing the issue of pornography. The event was sold-out with over 100 in attendance at the University of Alberta, Calgary campus. Special thanks to the UofA and Dr. Shaniff Esmail, for providing us with the space for the event.

I would like to express my sincere gratitude for the online workshop facilitators and participants for their support and ongoing interest in our workshops. I would like to thank the many sexual health professionals and students who submitted abstracts for our conference - we hope to see you in November. A sincere thank you to our Conference Sponsors including Jocelyn Wentland and SIECCAN (Sex Information and Education Council of Canada), Brenda Kerber and The Tickle Trunk, Jessica Van Mill with Purely Devilish, and Brook Biggin with Community Based Research Centre.

Sincere gratitude for the ASPSH Board Executive, Directors and President Heather Cobb, for their leadership and unwavering commitment to sexual health and to ASPSH. The support of these many individuals ensures the continued success of ASPSH's education program.

Respectfully Submitted,



Melanie Anderson,
Education Coordinator, Alberta Society for the Promotion of Sexual Health

Nominations Committee Report

It is with great pleasure that the Nominations Committee reports that all 2019-2020 Board of Directors have agreed to continue their role on the Board for the 2020-2021 year. The Board membership is at its maximum of 12 members.

2019-2020 Board of Directors:

EXECUTIVE COMMITTEE:

- Heather Cobb
- Dr. Shaniff Esmail
- Tracey Burnett
- Emily Dawson

DIRECTORS:

- Emily Diaczun
- Edward Sandberg
- Dr. Genevieve Godin
- Jenise Finlay
- Jenny Rand
- Dr. Margaret Newbury-Jones
- Tammy Troute Wood
- Teresa Lambert

2019-2020 STAFF:

- Melanie Anderson - Education Coordinator

Kudos

Thank-you to the ASPSH Board of Directors for their continued commitment to ensure professionals, parents, students and anyone interested in sexual health have access to current, comprehensive and non-judgemental sexual health information and services through our education program. Special thanks to the Executive Members of the Board - Heather, Shaniff, Tracey, Emily who provided exemplary leadership for our organization. Thank you to our Board Members who offered their support in so many important facets of our organization including the conference committee, social media committee, planning sessions and the many board members who also develop and facilitate online workshops. Thank you also to our Education Coordinator Melanie Anderson for her long-standing commitment to ASPSH. Sincere gratitude is extended to our membership, both Organization and Individual members who through their membership ensure the continuation of our education programs. Thanks to the volunteers who spent two days working at our Casino in Edmonton. Special thanks to our online workshop facilitators and participants without whom we could not continue our programming. And last but not least, a sincere thank you to the organizations and conference sponsors that contributed financially and in-kind to ASPSH. We sincerely appreciate your support.

Supporters/Partners/Conference Sponsors - 2019-2020

- Alberta Gaming, Liquor and Cannabis Commission
- University of Alberta, Occupational Therapy
- Alberta Health Services, Sexual and Reproductive Health, Calgary
- Action Canada for Sexual Health and Rights
- SIECCAN (Sex Information and Education Council of Canada)
- Purely Devilish - Jessica Van Mill